

Loughborough and Soar Valley Leisure Centre's

Half Term Pool Timetable

Loughborough Main Pool Timetable

Hours	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday Open Day	Loughborough Leisure Centre Open Day - See separate leaflet for further details and activities.															
TUES	Active Early Risers - <u>Adults Only</u>			Family Swim Session	Party Fun N Floats		Active Lane Swim <u>Adults Only</u>	Social General Swim	Staff Training	Wellbeing Adult Swim	Active Lane Swim	Social General Swim	Active Lane <u>Adults Only</u>	Loughborough Town Swimming Club		Active Lane Swim
WED	Active Early Risers - <u>Adults Only</u>			Aqua Aerobics	Social General Swim		Active Lane Swim <u>Adults Only</u>	Family Swim Session	Party Fun N Floats		Active Lane Swim	Social General Swim	Active Lane <u>Adults Only</u>	Aqua Jog	Aqua Aerobics	Active Lane Swim
THUR	Active Early Risers - <u>Adult Only</u>			Social General Swim	Party Fun N Floats		Active Lane Swim <u>Adults Only</u>	Social General Swim	Social 50+ Swim		Active Lane Swim	Social General Swim	Loughborough Town Swimming Club			
FRI	Active Early Risers - <u>Adults Only</u>			Family Swim Session	Social General Swim		Active Lane Swim <u>Adults Only</u>	Party Fun N Floats	Wellbeing Adult Swim		Active Lane Swim	Social General Swim	Active Lane <u>Adults Only</u>	Party Nightwave		
SAT				Active Lane Swim - <u>Adults Only</u>	Family Swim Session	Party Fun Session	Social General Swim		Party Fun N Floats		Staff Training					
SUN				Active Lane Swim - <u>Adults Only</u>	FAMILY Swim Session		PARTY Fun N Floats		SOCIAL General Swim		Loughborough Town Swimming Club	Special Needs Swimming	Active Lane Swim			

Hours	8	9	10	11	12	13	14	15	16	17	18	19	20	
MONDAY OPEN DAY	Loughborough Leisure Centre Open Day - see separate leaflet for further details and activities													
TUES		Adult Lessons Free Course	Family Swim									11 Yrs and over Lessons Free Course		
WED		Adult Lessons Free Course	Family Swim						Private Session	Family Swim	11 Yrs and over Lessons Free Course			
THUR		Adult Lessons Free Course	Family Swim									11 Yrs and over Lessons Free Course		LTSC
FRI		Adult Lessons Free Course	Family Swim						Private Session	Family Swim	11 Yrs and over Lessons Free Course			
SAT		Adult Lessons Free Course	Family Swim									Party Hire		
SUN		Family Swim									Party Hire		Special Needs Swim	

PLEASE NOTE:

Under 8's Policy: Children aged 4-7 years must be accompanied by a responsible adult (aged 16 years and over) in a ratio of three 4-7 years to every one adult. If one or more children are under 4 years, they must be accompanied in the ratio of 2 under 4's to every 1 adult.

Session Information: Family Swim – This session is designed for families which include at least one child under the age of 8 years. Centre staff reserve the right to eject any persons from this session whom they deem to be behaving in an inappropriate manner.

11 yrs and over and Adult Lessons: Free Course – this is a bookable course, please contact Reception to secure your place.

Soar Valley Pool Timetable

Hours	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
MON 31st		Active Early Risers	Social General Swim		Family Swim		Social General Swim										
TUES 1st	Active Early Risers		ASA Lessons	Aqua Aerobics	Social General Swim		Active Lane Swim		Private Session	Party Fun N Floats	Party Fun N Floats	Social General Swim		Loughborough Town swimming Club	Social General Swim	Active Lane Swim	
WED 2nd	Active Early Risers		ASA Lessons	Adult Wellbeing Swim	Family Swim		Active Lane Swim	Social General Swim	Active 50+ Aqua Tone	50+ Social Swim	Social General Swim		Family Swim	Social General Swim		Active Lane Swim	
THUR 3rd	Active Early Risers		ASA Lessons	Aqua Aerobics	Social General Swim		Active Lane Swim		Private Session	Party Inflatable Session	Party Inflatable Session	Social General Swim		Active Lane Swim		Wellbeing Ladies Only	Active Lane Swim
FRI 4th	Active Early Risers		ASA Lessons	Social General Swim	Family Swim		Active Lane Swimming	Social General Swim	Active 50+Aqua Tone	Wellbeing Referral Aqua	Social General Swim		Active Lane Swimming	Party Nightwave		Active Lane Swimming	
SAT 5th			ASA Lessons	Social General Swim		Family Swim		Social General Swim		Party Fun & Floats	Social General Swim	Party Hire	Private Hire				
SUN 6th			Active Early Risers	Social General Swim			Family Swim	Social General Swim	Party Fun & Floats	Party Fun & Floats	Private Hire	Party Hire	Social General Swim	Active Lane Swimming			

PLEASE NOTE:

Under 8's admissions policy: 2 Children aged 4-7 years to 1 Adult/1 Child under 4 to 1 Adult (over 16 years). **Nite Wave:** This session is excluded from the Free Swimming offer and requires a £1 refundable deposit for a wrist band. **Family Swim:** This session is designed for families with young children and is in shallow water so the following ratio's apply: 3 Children aged 4-7 years to 1. **Busy Periods:** Please be advised that a band system (requiring a £1 deposit) may operate at busy times

****The ASA Lessons are an externally funded lesson programme targeting specialist groups only. For more information email jenny.faulkner@leisure.serco.com****

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